

ALLIANCE NEWS

80th SCAHPERD Convention and Exposition

Volume 7, Number 2
May 2007



NEWSLETTER OF THE SC ALLIANCE FOR
HEALTH, PHYSICAL EDUCATION,
RECREATION AND DANCE

2007 SCAHPERD Convention Preview

Stevie Chepko, Past-President

MISSION statement

The mission of SCAHPERD is to promote health, physical activity and wellness among the state's citizens through effective leadership, professional development, education and advocacy.



South Carolina
SCAAHE
Association for the Advancement of Health Education

Where the Action is
SCAPES



Future Professionals of South Carolina

Newsletter Editor
Crystal Bedford

Planning is underway for the 2007 SCAHPERD Convention from November 8-11 at the Kingston Plantation. This year the first workshops will be held on Thursday, November 8th. Kicking off the Convention this year will be three Physical Education Institutes (PEIs) sponsored by the South Carolina Physical Education Assessment Program (SCPEAP). The PEIs for all three levels (elementary, middle, and secondary) will occur at the Kingston Plantation Embassy Suites on Thursday as part of the Convention program. The PEIs will begin at 9:00 am and will be full day workshops. These workshops are being co-sponsored by SCAHPERD and SCPEAP as a service project. **THERE WILL BE NO CHARGE FOR ATTENDING THE WORKSHOPS AND SCAHPERD MEMBERSHIP WILL NOT BE REQUIRED.** Yes, these PEIs will be free and everyone is invited to attend the training. Registration with SCPEAP is required. Details and registration forms will be available on the SCPEAP web page late this summer.

On Friday, November 9th the SCAHPERD Convention will begin with various pre-convention workshops being hosted by SCDA, SCAAHE, and SCAPES. These workshops will be in the morning followed by the official convention start at 2:00 pm. Attendance at the Convention will require both a SCAHPERD membership and registration for the Convention. Pre-convention workshops will include Fitnessgram training at Coastal Carolina University with information both on *Giving the Test* and *Computer Skills Development*. SCAPES will be hosting two workshops. Cam Kerst-Davis (Southern District President) will start the morning with a gymnastics workshop entitled *Educational Gymnastics: Bringing Balance into Your Classroom*. A second workshop will follow on cooperative games and team building. Both workshops will be two hours in length. SCAAHE is working on a morning workshop targeting health education in the classroom. This workshop

will be in conjunction with the Department of Education and Lynn Hammond. SCDA will host an off-site workshop with the visiting artist presenting a series of classes. Complete information on the workshops and how to register for them will be part of the pre-convention flyer to be mailed in August. Please check the website for finalized plans throughout the summer. All pre-convention workshop information will be posted on the SCAHPERD website by June 1.

The deadline for program submission is May 1. Program submissions can be completed online at SCAHPERD@SCAHPERD.org or you can email me for a form at chepkos@winthrop.edu. The Convention Planning Committee of Deb Miller (SCAAHE – millerd@cofc.edu), Lori Williams (SCAPES – lhwillia@greenville.k12.sc.us), and Wanda Edright (SCDA – webright@coker.edu) need your help. Send program suggestions, information on great presenters, or just ways in which the convention can be made better to any of three listed above. We are all open to suggestions and ideas.

Please place the dates for the PEIs on your calendar along with the convention dates. The weather will be great, the company sublime, and I can promise you a great professional experience. Come join us at the beach. ●

The 80th
SCAHPERD
Convention and Exposition

November 8-11, 2007

The Kingston Plantation
Embassy Suites Resort

Myrtle Beach, South Carolina

President's / Acting Executive Directors Message

Bonnie-jean Buckett

Dockjock4@aol.com

It has certainly been a fast moving winter season. I am winding down my last year of teaching (I will be retiring after 37 years in the teaching profession) and all the happenings at the SCAHPERD level. I have so many things to report, I think I will put them in bullet form:

- I attended the Southern District convention where I represented SCAHPERD both as the President and the acting Executive Director. Remember, we will host the 2010 Southern District convention.
- I attended the AAHPERD convention which was full of heated discussion over the possibility of a name change. It was voted down this time; however, I believe a new name for the Alliance will occur in the future.
- We are working on a new web page through Columbia College. Please excuse our current web page with some outdated information. Unfortunately, as of January 2007, we were no longer able to enter the domain to make corrections. As soon as the new web page is completed, you will receive an info flash. This change should be completed before June.
- We co-sponsored a legislative breakfast with the Governor's Council in March.
- We have been active in supporting various Physical Activities sessions as well as health workshops throughout the state.
- SCAHPERD and SCAPES are co-hosting a SC State Recreation and Parks program called "nature-ly fit" at Andrew Jackson State Park on May 5th. The program is targeting k-5 students to get them not only to exercise and walk 10,000 steps but to be active in a natural setting, like a state park.

Last month, the state department issued a letter regarding the

SCPEAP program. I have had the letter printed in this newsletter since often principals receive the information and do not give all that information to the teachers involved. I am concerned that some teachers are thinking SCPEAP and SCAHPERD are synonymous. I would like to take this opportunity to explain the alliance between the two groups. Although most of the professionals who are associated with SCPEAP are members of SCAHPERD, SCPEAP is its own entity. SCAHPERD people serve on the board, serve as presenters, etc., but SCAHPERD is only the physical agency for SCPEAP. SCAHPERD handles the grant money, writing the checks for SCPEAP, but SCPEAP does its own budget, has its own guidelines, sets its own agenda etc. We must all work together for the common goal of educating our students.

It reminds me of a story I read in a book by Mamchak: A mother and her two young daughters went to visit a neighbor. While the two women visited inside, the girls were sent to play outside. Very shortly, one of the girls came running in, her face wet with tears. "Mommie!" she wailed. "I've made a terrible discovery. All of the roses in the yard have thorns!" As the mother consoled the child, the second daughter skipped into the room, her face radiant and beaming. "Mother," she smiled, "come and see! I've made a wonderful discovery. All of the thorns have beautiful roses!" This story suggests a very basic philosophy about life that can often see us through when times get rough. Whether our roses have thorns or our thorns have roses depends largely on us. Wouldn't it be a wonderful world if we could all see the roses? It is within our grasp, if we work at it as educators. We owe it to our students and ourselves to try very hard. Now is the time for all of us to be part of the future and join the team to make the assessment and physical education for our students the best it can be. ●

MEMORANDUM

TO: District Superintendents
Associate Superintendents for Instruction

FROM: Theresa Siskind
Deputy Superintendent
Division of Curriculum Services and Assessment

DATE: March 14, 2007

RE: South Carolina Physical Education
Assessment Program



South Carolina
Department of Education

Together, we can.

and commendations regarding the South Carolina Physical Education Assessment Program (SCPEAP). As you are aware, the SCPEAP is a component of the Student Health and Fitness Act of 2005 and is currently used as the basis for assessing the quality of physical education programs based on the state's physical education standards. Everyone who has met with Dr. Rex has expressed support for the Student Health and Fitness Act of 2005 and commitment to the assessment of physical education (PE) programs in South Carolina.

South Carolina is recognized as a national leader in PE. As with all instructional and assessment programs, however, after a period

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Over the past few weeks, Dr. Rex has met with various groups of teachers, administrators, college and university faculty, legislators, and State Department of Education (SDE) staff to discuss concerns

MEMORANDUM

Continued from page 2

of time, review and revision are necessary. In order to maintain the integrity of the legislation and at the same time have an opportunity to review and revise as needed, the following plan has been developed by SDE staff.

- **Accelerate the review and revision of the *South Carolina Physical Education Standards*.** During 2007-08, a group of physical education professionals will be convened to accomplish this task as outlined in the *Procedures for the Cyclical Review of Current South Carolina K-12 Academic Standards and for the Development of the new Academic Standards*.
- **Review and revise SCPEAP.** During 2007-08, independent external evaluators, as well as PE professionals who have participated in SCPEAP and SCPEAP training, or 2006-07 training for Cycle 3 administration, will be involved in the review and revision process for the SCPEAP. Revisions in the assessment will be aligned to revisions in the academic standards. The current law does not afford us the ability to suspend the requirement for the continuation of the 2006-07 assessment.
- **Review and develop a PE program assessment.** In order to meet the requirement for a physical education program assessment as written in the legislation, additional components other than the SCPEAP may be included. In developing a system of accountability, SCPEAP could be a part but not the sole determinant of the program evaluation.

In order to conduct this plan it will be necessary for schools in Cycle 2 districts to administer the SCPEAP during the 2006-07 school year. An effective analysis of the assessment requires assessment data. Since this is the first year of formal administra-

tion for the random sample of students identified by Cycle 2 elementary and middle schools in grades 2, 5, and 8, it is imperative to receive and analyze data from these schools. Deadlines and procedures for data collection and submission should follow the calendar established for SCPEAP.

The review of SCPEAP will not focus on the assessment alone. It will also include assessment training. Therefore, Cycle 3 schools will continue to participate in the assessment training offered by the SCPEAP offices. This training will serve as a basis for teachers to reflect upon their existing physical education programs and to prepare for participation in the standards and assessment review and revision process.

No data will be reported on the 2007 school or district report cards. When the report card cycle becomes operational, participation in SCPEAP in the established cycles (including 2006-07) will be recognized.

In summary, the anticipated assessment plan for the next three school years is listed below.

2007-08

- Revise the physical education standards and the assessment
- No assessment will be administered

2008-09

- Pilot the revised standards and assessment materials

2009-10

- Implement the revised standards and assessment materials

The SDE believes that the plan outlined in this memorandum is a positive step in ensuring that all students in South Carolina are provided high-quality physical education programs. ●

Pam O'Briant

President Elect, SCAHPERD

My term as President Elect is off to a great start. After attending the Southern District Conference in Chattanooga, Tennessee, I feel even better equipped to serve the members of SCAHPERD. I enjoyed being "a fly on the wall" at a few meetings, observing how things were run and meeting some of our fellow members from other states. Bonnie was a great teacher, giving me lots of information about how my duties will unfold in the three years to come. I also attended a fun Argentinean Tango Lesson and a class on Somatics that

was very interesting. As a perk of attending the conference, we got to visit the Chattanooga Aquarium for free. I highly recommend it if you are ever visiting Chattanooga.

As chair of the hiring committee for the new Executive Director, I have been busy organizing my committee and will be conducting interviews soon. I hope by the time you receive this newsletter we will have a new Executive Director. We are really indebted to Bonnie for stepping in and filling this role. I am not sure how she does all

that she does. Please next time you see her, **thank her.**

I am looking forward to attending the Southern District and AAHPERD's Leadership conferences this summer. I hope to gain lots of information to help cement my duties as President next year. I will be meeting with congressmen in Washington at the AAHPERD conference, so if you have any concerns you would like me to address, please contact me. This Alliance is only as strong as its membership. Stay involved! ●

Shelley Hamill, PhD, CHES

SCAAHE President

April, 2007

Ok...where to start? First and foremost, have you sent in your presentation proposals for the conference? If so, thank you. If not, why? We need a full and diverse program and that will not happen without everyone participating. Come on! Join in!

The next order of business would be the **nominations for outstanding Health Education in the state**. We look each year to recognize individuals and/or organizations who have made a difference in the field of health education in the following categories: Health Professional of the Year, Outstanding Contribution to Health Education, and the Research/Scholar Award. Go to our SCAHPERD website, follow the links to SCAAHE and get the full description for each of these awards. Then, NOMINATE a deserving candidate.

Your SCAAHE board has been busy with budget and publicity matters these past few months. We should have a new brochure by



the time you receive this newsletter and we should also have a SCAAHE newsletter full of items of interest to health professionals across the disciplines. We hope to have another in the fall. Perhaps you would like to consider contributing...

As always, thanks to each and everyone one of you that work towards improving the health status of South Carolinians across the board. Keep up the good work and we hope to see you at the conference in the fall! ●

Need to renew your membership?

Have some friends
interested in becoming a
SCAHPERD member?

Now you can go online to
our website for fast and easy
membership registration.

Visit us at
www.scahperd.org
and become a SCAHPERD
member now.

SCAHPERD Grant Opportunities

All members and Associations of SCAHPERD, as defined in the Alliance By-laws, are eligible to apply for Alliance Grants. Preferences are given to Multi-Association, Association and Individual requests. Members of the Alliance Finance Committee are not eligible to apply for Alliance Grants during the time they are sitting on the committee. However, they can apply to the Alliance Executive Board of Directors for funds to support similar activities. Applications are due to the SCAHPERD office by the first Friday in August with monetary commitments awarded in mid-October. Complete Alliance Grant information can be downloaded from <http://www.scahperd.org/>. Click on the Grants link. ●

Patrice Shearin

SCAPES President

Where the Action Is is a great theme for SCAPES and this is truly where the action is. I am thrilled to share what the SCAPES board has been doing over the past few months. We have had two great meetings and have been able to share a lot of ideas and work on projects to better meet the needs of you, our members. First, Lori Williams, SCAPES Past President and members of the SCAPES board have been working hard to bring you an exciting SCAPES convention program. While you are at the convention be sure to stop by the SCAPES raffle table. We have some great items to be

raffled off. SCAPES session handouts will once again be available on CD.

While the convention is a great place to get inspired and rejuvenated, SCAPES wants to provide its members with professional development at other times during the year. Statewide workshops are being planned based on the results of a survey that was sent out. Thanks to everyone who took the time to complete the survey. I hope that you will find the time to participate in one of the workshops.

SCAPES will also be represented at the Nature-ly Fit day sponsored by the SC

Where the Action is

SCAPES



Department of Parks and Recreation at Andrew Jackson State Park on May 5th. If you are in the Lancaster area on that day be sure to stop by!

Finally, SCAPES NEEDS YOU! Are you interested in promoting quality physical education and serving your state? If so, we need you to serve. If you think you might be interested in serving on a SCAPES committee or on the SCAPES board please contact Jerry Hawkins at

Jhawkins@lander.edu

SEE YOU IN NOVEMBER! ●

Future Professionals of South Carolina

President Justin Medlock

We are currently making plans for the SUPERSTARS event for the 80th annual SCAHPERD Convention and Exposition. The SUPERSTARS event last year went very well and we plan to make this years experience both fun and enjoyable. Once again the competition will include both physical and mental challenges with some team building activities. After attending AAHPERD, I have found several new ideas for activities to be included in SUPERSTARS.

The Constitution and By-Laws are currently being developed. They will be modeled after the SCAHPERD Constitution and By-Laws, but will be modified to see fit the needs of the future professionals. For the last few years, the Future Professionals have been operating without a constitution or by-laws. This year one of the goals is to present a Constitution and By-Laws to members for their approval. This is an important step in making things run smoothly for the future.

Serving on the SCAHPERD Executive Board with me this year are Mallory Rush and Gina Pantony from College of Charleston. They have volunteered to help plan the SUPERSTARS event and work on the Constitution and By-laws. With their help, I am sure we will be moving the organization forward.

I hope to see all students from across the state at the Convention this year, as it will be a time for us to get together for an educational experience, competitive activities, and most of all fun! If you have any ideas or suggestions to either the SUPERSTARS or the Constitution and By-Laws, send me an email at medlockj2@winthrop.edu, I look forward hearing suggestions for our best Convention yet! ●

News from the South Carolina Dance Association

Eliza Ingle, SCDA President

The SCDA Board of Directors welcomes four new members who will serve as regional coordinators. They are: Kara Conder, Brooke Caldwell, Ashley Stock and Katie Strickland. It is their job to be the liaison between the board and their regions, reporting on special projects and progress in dance around the state. They serve as voting members on the board and make nominations to the Honors and Awards Committee.



At our last SCDA meeting we spoke of the upcoming convention and making it one of the best ever featuring quality presenters and educational sessions.

A topic of concern was that on the national level, AAHPERD was considering dropping Dance from its Alliance. We discussed the fact that SC would be voting against this as the association and the alliance hoped the exclusion would not occur.

One of the board's missions this year is to increase awareness and membership for our association.

Please contact the SCDA board with any questions or concerns through the current president Eliza Ingle (e_ingle@comcast.net). ●

“Nature-ly Fit” Program Set for May 5th

SCAHPERD/SCAPES in conjunction with SC State Parks will be offering a program called “Nature-ly Fit” on May 5th from 10-3 at Andrew Jackson State Park, Sesquicentennial State Park, Huntington Beach State Park and Paris Mountain State Park. Please pass the attached information along to your K-5 students to

enter the contest to win free admission to all SC parks for a year. Any professional who might be interested in helping at one of the parks should contact Bonnie-jean Buckettt at dockjock4@aol.com. For more information contact Kenny Heater, Assistant Manager, Hunting Island, SC (Kheaer@scprt.com). ●

10000 Steps at Old Hickory's Birthplace

Get "Nature-ly Fit" at Andrew Jackson State Park
 Saturday May 5, 2007 10:00 AM to 3:00 PM

Free Admission

Events Include:

- Candy and Potter from 107.9 the Link
- Wellness Checks
- Scavenger Hunt
- Colonial Games
- Kayaks & Canoes
- Camping Clinic (11:00 AM)
- Environmental Education (1:00 PM)
- Prizes

Drop this survey off at the SC State Parks table and receive a gift (while supplies last)

Name: _____
 Address: _____
 Telephone: _____

Outdoor activities my family enjoys:

<input type="checkbox"/> Camping	<input type="checkbox"/> Hiking
<input type="checkbox"/> Fishing	<input type="checkbox"/> Biking
<input type="checkbox"/> Birding	<input type="checkbox"/> Picnicking
<input type="checkbox"/> Kayaking	<input type="checkbox"/> Canoeing
<input type="checkbox"/> Other : _____	

Please place any additional comments on the back of this card.
Thank you for your support.

Endorsed By:

Children in Grades K-5

Treat your family to free admission to South Carolina State Parks for an entire year!!

Enter for a chance to win a SC State Park Annual Passport. Simply draw a picture of your family participating in outdoor recreation. Bring the picture and this entry form to Nature-ly Fit Day at Andrew Jackson State Park on May 5, 2007. One winner will be drawn for each grade level.

Name: _____
 Address: _____
 Telephone: _____
 Grade: _____

Outdoor activities my family enjoys:

<input type="checkbox"/> Camping	<input type="checkbox"/> Hiking
<input type="checkbox"/> Fishing	<input type="checkbox"/> Biking
<input type="checkbox"/> Birding	<input type="checkbox"/> Picnicking
<input type="checkbox"/> Kayaking	<input type="checkbox"/> Canoeing
<input type="checkbox"/> Other : _____	

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WE ARE UNDER CONSTRUCTION...

COMING SOON.....
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NEW WEB PAGE

AN INFO FLASH FOR THE NEW
WEB PAGE ADDRESS WILL BE
SENT AS SOON AS THE PAGE
IS AVAILABLE.

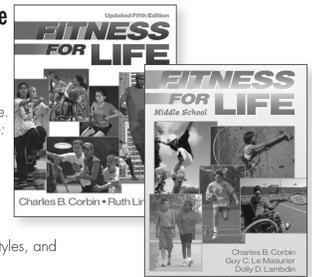
Health and Fitness Resources from Human Kinetics

Updated personal fitness texts now available for high school and middle school

Fitness for Life, the original high school text for teaching lifelong health and fitness, is now better than ever with new features including a test bank and online study guide. And, this spring Human Kinetics introduces *Fitness for Life: Middle School*, which works seamlessly with the high school text.

Fitness for Life helps teach students to

- become informed consumers in matters related to lifelong physical activity and fitness,
- learn self-management skills that lead to healthy lifestyles, and
- use technology to promote healthy living and assess personal progress.



Read more and view samples of the student text and ancillaries at
www.FitnessforLife.org

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March 2007



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The World of Wellness Health Education series enables teachers to teach students the importance of leading an active and healthy life through conceptually grounded, context-based lessons.

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