



Alliance News

Volume 19:2

August 2019

The mission of SCAHPERD is to promote health, physical activity and wellness among the state's citizens through effective leadership, professional development, education and advocacy.

SCAHPERD Executive Director

As I reflect back on the first half of this year, I have to say that SCAHPERD has “rocked”! We have had a number of “firsts” for our members this year, which is very exciting! We held our first FREE OPEN Curriculum Workshop at the Citadel and had 57 in attendance. SCDA had its first FREE Professional Teacher Development Workshop, which included the opportunity to attend a *Spoletto* performance featuring Bill T. Jones. SCAPES offered their first webinar featuring Ben Landers, *The PE Specialist*. This was the initial webinar of their SCAPES Webinar Series. We had six schools be the first to pilot the new SCAHPERD sponsored educational fundraising program, *SC FitMe*. All of these firsts were a great success and only the beginning of great things to come. SCAHPERD has indeed rocked during the first part of the year and we are excited about what’s ahead.

In looking ahead, I want to highlight two specific “rock solid” opportunities, which you will not want to miss. First, *SC FitMe* launches in the 2019-2020 school year. This program was created to replace *Jump Rope for Heart/Hoops for Heart* that ended in 2018-2019. *SC FitMe* is a SCAHPERD sponsored, school based, online educational program designed to assist schools with fund raising while promoting physically active lifestyles and wellness in our students, schools, communities and throughout the state of South Carolina. Bottom line, it all begins with an active, strong, fit ME! Pilot school teachers found the online platform and program easy to manage and implement and are excited to make their program even better next year. Pilot school administrators felt the same way! You can find more specifics about the program in the *SC FitMe* article in this newsletter and on the webpage at <https://scahperd.org/SC-FitMe-Mission-and-Vision>.

The second rock solid opportunity I want to highlight is **the 2019 SCAHPERD Conference, November 15-17 at Myrtle Beach – SCAHPERD Rocks! Leave no Stone Unturned!** The 2019 Convention Planning Committee, led by Dr. Edie Ellis, has been hard at work securing outstanding presenters, planning special events and promotions and have put together an incredible conference. Our keynote speaker, Dr. Carwyn Sharp, is a nationally renowned Sports Physiologist and Performance Analyst/Coach and speaker (has worked with Olympic, World Championship and Pan American athletes) who will bring energy as he challenges us at the general session. Our pre-conference workshops will be led by National Teachers of the Year, Lynn Hefele, Charla Krahnke and Sandra Sims. There will be an OPEN Coaches’ Curriculum Training for individuals interested in potentially becoming an OPEN Curriculum trainer (limited spaces available). SCDA’s guest artists and SCAAHE’s, Dr. Alex Karydi will host pre-conference workshops as well. The strong slate of presenters, the SuperStars competition and old and new exhibitors will rock a weekend of learning, networking and growing as professionals! Look for more information and highlights on the SCAHPERD website, Facebook and Twitter (@SCAHPERD). Don’t miss it!

These are only two of the reasons why I believe SCAHPERD is rock solid and only getting stronger! We are committed to serving you and serving along with you as we “leave no stone unturned” in working to make South Carolina a healthy, physically active state.

Moving Forward,

Kym Kirby

SCAHPERD, Executive Director

SCAHPERD President



As I reflect on the half-year I have served this membership as president, I realize that there is not enough time in the day (let alone this single year) to accomplish all I wish to as a leader of SCAHPERD. Since our last newsletter publication, our volunteer leadership team of presidents, president-elects, and committee chairs have continued to meet, email, phone conference, and plan in order to keep SCAHPERD moving forward in 2019. I am constantly in awe of the time and effort these members are willing to give, often spending their minimal free time as well as their own money towards enriching the lives of SCAHPERD members. This is the beauty of this long-standing organization; our educators and professionals in these

fields are constantly striving to improve themselves and their colleagues so South Carolina can remain a force in health, dance, and physical education.

As the second half of my presidency quickly approaches, I stand by my statement to you in the February newsletter. I will continue to evaluate the overall structure and efficiency of our organization so we can better serve you, the members. We are still the “go-to” organization in our state for teachers, professionals, and future professionals in these fields and I hope for that to continue for another hundred years after my presidency. I look forward to serving our members in this capacity until November, and as always, I am open to any communication from members who have ideas, concerns, or wish to be a part of our leadership.

Emily Enloe (emilyenloe@gmail.com)

SCAHPERD President

SCAHPERD President-Elect

My March newsletter article touched on every association member recruiting two teachers they know who are not members. I spoke about Jamie and Lindsay, who are the two teachers I targeted to join our great association. To keep you updated on this process, Jamie has since joined and Lindsay is yet to join, but I'm still working on it!

My next homework assignment is for our membership to agree to present at a conference within the next year. There are many reasons for this, but the fact is, every member has something to contribute. Presentation can be made in different formats to include lecture, research, activity-based sessions. Topics could include cross curricular content integration, strategies for tough teaching situations, physical education clubs that allow students who ride the bus to participate...the list goes on and on! You all have something to share that can benefit many other teachers.

Lastly, folks who do present often have the same teaching issues everyone does. We have lessons that flop, difficult parents, classroom behavior issues, kids who wear flip flops, times of feeling overwhelmed, nervous feelings about presenting, and all the other situations or obstacles that we go through as educators. So, I challenge you to put on your big girl or boy pants and start typing up your proposal that you will submit for our annual SCAHPERD, PEAK or SHAPE America conference today!

Mike Lally

SCAHPERD President-Elect

SCAHPERD Rocks! Leave no Stone Unturned!

Come to the Beach – Be a Rock Star!

Come to the conference for a time of discovery, exploration, and ways to achieve your goals. Here are some of the exciting stones to look under:

Awards Ceremony: Who Will Rock this Year? – In addition to recognizing outstanding SCAHPERD members, we will experience a new format: a dessert bar reception and entertainment following the ceremony.

Bingo Singo: Come Rock the Night Away! Listen to the greatest rock and roll hits and find them on your card. Singing along is encouraged!

Family Feud: SCAHPERD's version of the fun game show. Come in teams or form a team when you get there. Don't be surprised if you get an email asking you to answer questions to be part of the "Survey says" answers.

You Rock! – Acknowledge someone who has had an impact on your life and/or career. Look for this near registration.

We have an exceptional slate of speakers, including our keynote and association headliners. Meet the Senior Sports Physiologist and Performance Analyst at United States Olympic and Paralympic Committee and South Carolina's own Olympic bobsledder. Regardless of titles, this year's presenters will be uncovering untold possibilities for you!

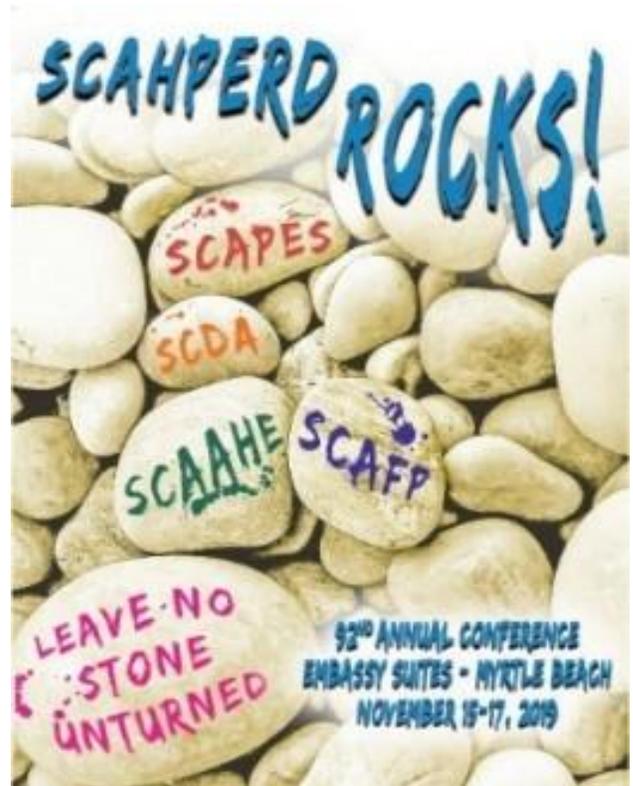
And under special rocks there will be prizes: Cash, gift cards, a free week at Wyndham in Williamsburg, VA, and more!

Spoiler alert: Elvis may make an appearance!

Edie Ellis

SCAHPERD Past-President

2019 SCAHPERD Planning Committee Chair



SCAPES President

Greetings Fellow Teachers!

It is great for me to see so many SCAPES members, who are passionate professionals and who give extra time to help equip colleagues to provide quality physical education programs. We are continuing to focus on providing more professional development opportunities for our members through our webinars, our annual PEAK workshop and our annual SCAHPERD Conference.

The annual PEAK workshop will be held at Crayton Middle School, August 7th, 9:00 - 3:00. The cost will be \$25 for SCAHPERD members, \$20 for Future Professional members and \$50 for non-members. Topics will include cooperative games, teaching racket skills (Randy Kempe from ADA Sports and Rackets), activities for large groups in small spaces and throwing and catching games and activities. You can register and get more information at <https://scahperd.org/scapes>

Our SCAPES webinar series will continue in September. Dr. Shelley Hamill will present on "How to Reinforce the Skills of Health in Physical Education." We are looking for good ideas and presenters for our webinars. If there is a topic you would like to hear or someone you could recommend, please let us know at scahperd.scapes@gmail.com. We want to hear from you!

Obviously, our biggest opportunity for professional development is the 2019 SCAHPERD Conference, November 15-17. The conference planning committee has been hard at work and have slated a tentative schedule. Again, we have an excellent slate of presentations and this will be a great opportunity to hear from some of the best presenters from our state and region. You can access the schedule in late August. We hope to see you there!

We are always searching for individuals who want to be involved in SCAPES leadership. There are Board of Directors elect positions and well as committee positions that we are looking to fill. We are working for you but we need you to continue to move our association forward. If your interested in getting more involved or have questions, please email us at scaperd.scapes@gmail.com.

Let me strongly encourage you promote what you do. Show your colleagues, administrators, and community, all of the fantastic things going on in your gym!

Adam Mullis,

SCAPES President

SCAAHE President

The summer has provided an opportunity to rejuvenate and relax. I hope you all are enjoying some fun and relaxation. SCAAHE has also had some rejuvenation recently. Special thanks are in order to president elect, Jodi Ronci, who has taken great care in personalizing and adding news and resources to our SCAAHE web page. Please check out our new and improved web page as it serves as an important vehicle for communication. If you have any suggestions, please email Jodi (jodironci@gmail.com).

On our June SCAAHE Board conference call, we discussed the current Treasurer's Report with an in-depth overview of financial processes (Kelli Kennison), web page suggestions and edits (Jodi Ronci), and ideas and program updates for the annual SCAHPERD Conference (Lynn Hammond). Session topics at the 2019 SCAHPERD Conference, November 15-17, will include multidisciplinary and cross sector topics as well as others that will enhance your knowledge and skills. The program committee is indeed working hard to "leave no stone unturned!" November is just around the corner so spread the word. Program schedule and registration will be on the SCAHPERD website in mid August

As all of you know our future depends on an active and engaged membership. With that said, SCAAHE is beginning a new membership recruitment challenge. We are asking every member to recruit a new member or a former member whose membership has lapsed. There is strength in numbers and our profession matters. More information will be provided via the listserv and web page.

We welcome SCAAHE members to join our board of director's conference calls. The next one is scheduled for Wednesday, September 11.

In closing, I just want to thank you for your continued support of SCAAHE and all you do for health education and health promotion in our state.

In Health and Wellness,

Lavell R. Thornton
SCAAHE President

SCDA President

I am so excited about the future of our association! As president of SCDA, I am thrilled to say we have many awesome things going on! First off, we have booked our guest artist for the SCAHPERD Conference. Be on the lookout for the big announcement of who our guest artist(s) will be this year! Trust me, you WILL NOT want to miss the 2019 SCAHPERD Conference, November 15-17.

SCDA hosted its first ever FREE professional development workshop for our members! The workshop was specifically designed for dance educators and was a huge success. We plan to continue these workshops in the future! We have also placed a new and updated apparel order that will be on display and for sale at the SCAHPERD Conference this fall and the SCDancing Festival in the Spring!

SCDA was very blessed and grateful to be able to give away our 2nd round of FREE ballet shoes to our members. We had 3 winners this last round and each member received 20 pairs of ballet shoes to gift to their students!

Please visit our SCDA web page (<https://scahperd.org/scda>) as we update it frequently. We include information regarding current vacancies, "Member Spotlights," and grants/dance conferences. Be sure to follow our social media pages on Facebook and Instagram (scdanceassociation)

Shannon Bradberry

SCDA President



Be sure to put SuperStars 2019 on your calendar, **November 15-17 in Myrtle Beach!** We have already started planning for the event. The theme for the conference is *SCAHPERD Rocks! Leave No Stone Unturned!* We plan to leave no grain of sand unturned as our SC Future Professionals compete to become the coveted 2019 SuperStars Champions. Who will unseat College of Charleston, the 2018 Champion! If you have any ideas or suggestions regarding how to make the competition even better, please contact one of the SCAFP officers at <https://scahperd.org/scafp>

Dr. Sandra Sims will be the FP keynote for this year. She is an exceptional, energizing speaker! Sessions at the conference are some of the best we have had in years! You don't want to miss it this year – better than ever! Hope to see you at the beach!

SCAHPERD
2019
SuperStars

Call for Nominations

SCAHPERD President-Elect

Please take the opportunity to nominate an outstanding SCAHPERD member for the position of SCAHPERD President-Elect.

Qualifications:

1. SCAHPERD member for 3 years immediately preceding the nomination
2. Hold professional membership in SCAHPERD during the year of nomination
3. Demonstrated interest in SCAHPERD: service to SCAHPERD or one of its associations and/or membership on the Board of Directors during at least 3 years of membership.

We have incredible leaders in our state organization! Leave no stone unturned in nominating our next President-Elect!

Nominee Form Link- <https://form.jotform.com/90566836903971>

Register at <http://bit.ly/HPEsummit2020>



Health & Physical Literacy Summit 2020

February 11-14, 2020

Hyatt Regency - Birmingham, Alabama

Hosted by the ASHPERD

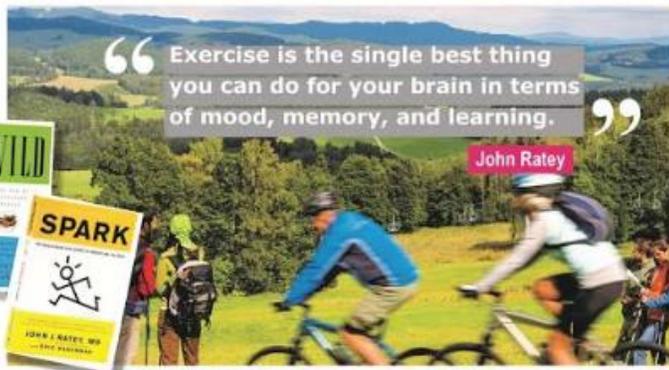
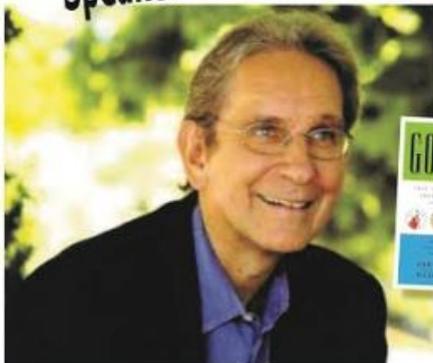


Sessions include

- Health Education & Promotion
- HETE/PETE
- Technology
- Physical Education K-12
- Adapted Physical Education
- Dance K-12, College/University
- Physical Activity/Recreation
- Sport/Coaching, Management, Athletic Performance
- Research

Featured Speaker

Best selling author, John J. Ratey, MD, is an Associate Clinical Professor of Psychiatry at Harvard Medical School and an internationally recognized expert in Neuropsychiatry.



Find Registration and Hotel Information at www.asahperd.org

REGISTRATION

- **NO** Membership Required
- **Professionals** \$130 pre, \$175 onsite
- **Future Professionals***
\$45 pre, \$65 onsite
*including full time graduate students

Levels of Sponsorship to promote your brand or to showcase new products:

- **Platinum** \$5000
- **Gold** \$3500
- **Silver** \$2000
- **Bronze** \$1000

EXHIBIT

- **Commercial Booth** \$450
- **Non-Profit Booth** \$400
- **Educational Booth** \$350

ADVERTISING

- **Outside Back Cover** \$500
- **Inside Front Cover** \$500
- **Inside Back Cover** \$450
- **Full Page Ad** \$350
- **1/2 Page Ad** \$200
- **1/4 Page Ad** \$175
- **Mobile Ap Banner** \$100

For more information contact Charity Bryan at cbryan4@kennesaw.edu

SC FitMe Launches in 2019-2020!

SCAHPERD is very excited to announce the launch of *SC FitMe* in the 2019-2020 school year! This SCAHPERD sponsored, educational based online program is designed to assist schools with fund raising while promoting physically active lifestyles and wellness in our students, schools, communities and throughout the state of South Carolina. Bottom line, it all begins with a strong, active, fit ME!

We are very excited about the program and the give back to the teachers and the schools it provides. Each school will keep 60% of the funds they raise– 60% of the **gross** (cash, not gift cards). We encourage each school to “pay it forward” by choosing a non-profit to donate at least 10% of the funds. We suggest that schools involve the non-profit in the campaign throughout the process. This was a very positive experience for our pilot schools last spring. As for the remainder of the funds, 25% will be applied toward program expenses incurred by SCAHPERD (online platform and a portion provides “give back” incentives to teachers). The remaining 15% will go to SCAHPERD to support the development of resources for our members and for critical advocacy efforts on the local, state and on the national level.

In reality, we are giving schools freedom to choose the event they would like to host, choose the non-profit they would like to support, choose how they would like to spend their funds, and get a high return on their investment. It’s a win/win for the students and the schools.

To get more information and/or to sign your school up for the 2019-2020 school year, go to <http://bit.ly/scfitme>. There will be an online call in August for everyone interested in participating this year and/or with questions. You should have received information about this call. You can find more information at <https://scahperd.org/SC-FitMe-Mission-and-Vision> and/or can watch a webinar featuring a couple of the pilot school teachers at <http://bit.ly/SCFitMewebinar>. It gives specific details about the program.

Be an active part of helping to get SC Fit!

**Support
South Carolina Alliance for
Health Physical Education
Recreation Dance.**

When you shop at smile.amazon.com,
Amazon donates.

[Go to smile.amazon.com](https://smile.amazon.com)

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Support SCAHPERD while you shop. When shopping on Amazon, login through smile.amazon.com and make SCAHPERD your charitable organization. You will use your same account, it costs you the same amount of money, and the AmazonSmile Foundation will donate .5% of the purchase to SCAHPERD. Thanks for your support!