

2017 PEAK for the Future Presenters

Susan Flynn – Keynote Physical Education Presenter

Susan is a faculty member at The College of Charleston in South Carolina. Flynn works in the School of Education, Health and Human Performance training students' in early childhood and elementary teacher education. Prior to higher education, Flynn taught in the public schools outside of Toledo, Ohio as an Adapted Physical Education Specialist. Flynn's passion is in student leadership and helping to develop SHAPE America future professionals. Susan has been a Physical Best Instructor since 1998 and presents national and international about PYFP, fitness, dance, and adapted physical education.

Coach Mike Srock – Keynote Athletic Presenter

A graduate of St. Thomas University in Florida, Mike Srock is a Certified Specialist for Speed and Explosion with the National Association of Speed and Explosion (NASE), and he also serves on the NASE National Board of Directors and the Certification Board. He is a Senior Level and Sports Performance Coach with USA Weightlifting, and a Bronze Level Coach with USA Wrestling. Srock is a Certified Tsunami Bar Coach, a Certified Kettlebell Instructor with KettleBell Concepts, and a certified SPARQ trainer and currently working on certification with Louie Simmons and Westside Barbell.

In 2010, Srock published "101 Fundamentals for Football Speed" with two instructional DVD's for Coaches Choice. He is currently working on the book, Essentials of Modern Sports Speed Training with Dr. George Dintiman and the NASE. Srock has presented his Speed and Strength Program at many clinics including the University of Tennessee, NSCA State Level Clinic (four times), NC State Basketball Clinic, Wake Forest University (three times), Wofford College (three times), NASE Certification Clinic (three times) and Charleston Southern University FCA Clinic. Mike has 8 state football championships at Byrnes HS and 1 runner-up with a record of 181-22 Assisting Coach Srock.... **Zac McCarthy** Graduate of Byrnes High School, Graduate of Erskine College, Baseball Player at Erskine, P.E. Teacher at Beech Springs Intermediate, In my sixth year as the Assistant Strength and Speed Coach at Byrnes High School under Mike Srock, CSCS and NASE certified

Jerry Honeycutt

York Comprehensive High School

22 years experience (taught and coached in South Carolina and North Carolina as well as taught and coached all levels-elementary, middle, junior high and high)

Teaching-2012 SCAPES PE Teacher of the Year (High School Level)

Assistant Varsity Coaching-2000 SC 4A State Champions(Wrestling); 2002 SC 4A State Champions (Football); 2004 SC 4A State Champions (Football)

Lynn Hammond, BS, FASHA (Fellow American School Health Association)

President SCAHPERD

Distinguished Alumni in Physical Education Winthrop University 2007

Past President, Society of State Directors of Health and Physical Education

Currently serves as the SC FitnessGram Project Coordinator with SC DHEC.

B.S in Physical Education from Winthrop University.

Pursuing a Master in HPER from Emporia State University

Former Director SC Healthy Schools with SC Department of Education

Mom of three!

Mike Laly:

Education Associate for Health and Physical Education in the Office of Standards and Learning - Taught for 12 years in Richland County Schools and Round Top Elementary

Erica Ayers, MPH, CHES

Erica has received a Bachelor of Science in Exercise Science as well as a Masters in Public Health and Physical Activity from the University of South Carolina and is a certified health education specialist (CHES). She started her career at DHEC in 2011 as a practicum student for the Division of Nutrition, Physical Activity and Obesity (DNPAO) where she continued as a health educator shortly after graduation. In her role, Erica has worked on various systems-oriented activities but her focus has been the prevention of childhood obesity. She has worked closely with various state partners to implement nutrition and physical activity best practices in the child care, school, and after-school settings. As the School Health Coordinator for DNPAO, she is partnering with the Alliance for a Healthier Generation to provide professional development and technical assistance opportunities to help school districts and schools provide healthy, sustainable learning environments.

Melissa Patterson

Melissa is currently the Academic Specialist for Comprehensive Health & Physical Education K-12 for Greenville County Schools. I have been employed with Greenville County Schools for 17 years. During my time with GCS I have served as a physical education teacher and assistant principal for six years at the secondary level. I currently serve on the Live Well Greenville Leadership Board, First Tee of the Upstate Board, the Advocacy committee for the South Carolina Alliance for Health Physical Education Recreation & Dance (SCAHPERD) and the SCAHPERD Down School Work Group which is responsible for the South Carolina state wide obesity action plan.

Nancy Crowe is a physical education teacher at McCarthy Teszler School in the Upstate in Spartanburg. Coach Crowe is in her 15th year of teaching and 9th year at McCarthy Teszler School. She provides a physical education program for over 240 special needs students with physical, mental and emotional disabilities along with serving as a Special Olympics coach for seven sports. Coach Crowe has served as McCarthy Teszler School's Teacher Of the Year, Spartanburg District 7's Teacher Of the Year, SCAHPERD Adapted Teacher Of the Year, and Area 12 Special Olympics Coach Of the Year

Jason Hamil, M.Ed.

BS- Lander University

M.Ed.- Walden University

Ed.D. (enrolled)- United State Sports Academy (Master's + 30)

13 years teaching middle school physical education

12 years coaching boys soccer at Academic Magnet High School

2015 SCACA Boys Soccer Coach of the Year

Nominated for S.C. Middle School Physical Education Teacher of the Year

18 years presenting at SCAHPERD

Freddy Coan

BS Physical Education MA Educational Technology

15 years in Physical Education Spartanburg District Five

Kathy Sullivan

NBCT Lancaster County School District Middle School Teacher of the Year
Served on the SCPEAP writing and assessment team
Served as middle school chair of SCAPES
National Board Certification and Renewal Assessor
Buford Middle School
31 years teaching experience
SCAPES Middle School Teacher of the Year
SCAPES President elect 2015-16

Alyson Amato:

Co-Founder and Director of Education at Carolina Dance Collaborative

Originally from Massachusetts, Alyson received her Bachelor of Arts in Dance Education with K-12 certification from the University of South Carolina. Alyson taught and choreographed in local school districts and after-school programs before studying at the Trinity Laban Conservatoire of Music and Dance in London where she received a Postgraduate Diploma in Community Dance. Whilst in London Alyson worked with Corali Dance Company and the Ovalhouse Theatre where she taught and assisted dance classes for disabled adults and children. She moved to Greenville in 2015 to start Carolina Dance Collaborative and has loved bringing dance to the variety of people she serves in the upstate.

Kelsey Crum:

Co-Founder and Managing Director at Carolina Dance Collaborative

Originally from Rock Hill, South Carolina, Kelsey graduated Summa Cum Laude from the University of South Carolina with a Bachelor of Arts in Dance Education with K-12 certification. Kelsey has choreographed many theme-specific contemporary pieces and has worked with numerous public middle and high school dance programs, specifically completing her student teaching at Dreher High School and Hopkins Middle School in Columbia, SC. Kelsey served as the Director of Carolina Ballet Theatre's Outreach and Community Engagement Program for 2 years prior to starting Carolina Dance Collaborative. She also performed with the contemporary/modern company, "Unbound" and continues to dance with "Naina Dewan Dance Company" in her spare time. She loves sharing her passion in arts integration and hopes to continue bringing exposure, education, and involvement in dance throughout the different communities in the Carolinas.

Kristen Caldwell is a Certified Therapeutic Recreation Specialist (CTRS) with almost 20 years of adaptive sports experience. She has guided adaptive canoe trips, taught adaptive skiing and snowboarding, water skiing, and cycling, and managed a large adaptive sports program in Park City, Utah for 12 years. She is currently working at Roger C Peace Rehabilitation Hospital in Greenville, SC as a Recreational Therapist, implementing and developing adaptive sport programs and working one on one with individuals with disability in their recreational pursuits. When not working Kristen enjoys spending time with her family through hiking, biking, skiing, and camping together!

Amber Barnette has been teaching Physical Education in Greenville County for 16 years. She graduated with her undergrad in Physical Education from USC-Spartanburg, her masters in Elementary Education from Clemson and has achieved National Board Certification. During her spare time she enjoys spending time with her husband and two daughters, running, working out at 9Rounds and serving at her church.

Donna Odom M.S.: I graduated from Oakland University with a Bachelors degree with a focus in exercise science, wellness, and injury prevention. I went on to earn my Masters degree from The

University of Akron in Ohio in Exercise Physiology and Adult Fitness. I taught many physical education courses and health and wellness courses at The University of Akron. I then moved to South Carolina where I worked as an exercise physiologist performing EKG,s and pulmonary function tests on fire fighters throughout the south eastern part of the US. I then transferred into the public school system and began teaching middle school health. I have currently been working in Greenville County Schools for 10 years. I chose this path to begin to help children understand the impact of the decisions they make today are critical to their future and health later! Health Educator Greenville County

Greenville County Schools District Health Educators will present this session. GCS district health educators are responsible for teaching sexual health and responsibility throughout Greenville County Schools. District health educators also assist in developing support materials for planning and implementation of the district's sexual health and responsibility programs.

Adam Mullis

BS- Winthrop University

M.Ed.- Walden University

2 years teaching Middle School Physical Education and Health

2 years coaching Volleyball, Track, and Football at the Middle School level

3 years presenting at SCAHPERD

Accepted to Present at the SHAPE National Conference 2015-2016

SCAPES VP elect

SCAPES President Award Winner 2015-16

Co-Lead Teacher for the Middle School Health and Physical Education Department – Richland One