



**FREE MEMBERSHIP**

**TO**

**SCAPERD AND SHAPE**

**If you host a Jump Rope/Hoops for Heart event during the 2016-2017 school year and raise \$2000 (per coordinator) you will receive a free membership to SCAHPERD and an electronic membership to SHAPE America. For more information contact SCAHPERD JRFH/HFH coordinator Carmen Plemmons at [CPlemmon@lexrich5.org](mailto:CPlemmon@lexrich5.org) or your local American Heart Association Representative.**

